



Staplegrove C of E Primary School

Physical Activity Policy

Please read in conjunction with our Learning and Teaching Policy, which states clearly our aims, philosophy and approaches to teaching throughout the curriculum.

This policy should also be read in conjunction with the Physical Education Policy and should be regarded alongside it.

Policy Statement and Aims

Physical activity is wider than physical education and includes a range of opportunities that the school can provide through play, teaching approaches, school trips, residential visits etc.

Aims –

- to encourage pupils to enjoy physical activity.
- to present new opportunities to children
- to promote physical activity as a way of life
- to make positive choices.

Provision

Wake and Shake

Each morning begins with an aerobic session. KS2 children have their session in the hall and KS1 in their classrooms.

Brain Gym

We believe that quick bursts of physical activity help the children to refocus and concentrate. This happens in each classroom

Playtime

It is important that the children have the opportunity to run about and take part in activity at playtime. Children in year 6 are able to facilitate play as playground leaders. Lunchtime supervisors also receive training when it is available.

Play Apparatus

We are fortunate to have some lovely large wooden play apparatus which the children are able to access at playtimes and lunchtimes. Children benefit from this and enjoy using it.

The P.E Curriculum

Children are given the knowledge and skills to play actively and safely in their free time. The unit on adventurous activities promotes collaboration, decision making and teamwork, which are highly relevant skills to promote the undertaking of physical activity.

Foundation Stage

Provision in year R allows for active and physical play and it is here that important ground work is done with regard to attitudes to physical activity. Children develop awareness of space and are encouraged to use the ride on toys, small pieces of apparatus and participate in many other physical activity.

. A purpose built outdoor area is planned for September 2007

KS1 weekly outdoor sessions

These are planned as part of the curriculum from September 2007

School Visits

Planned school visits often contribute to an enjoyment of outdoor activity. Our year 5 and 6 children attend an annual camp at Kolve Court where they are able to explore different physical activities

Extra Curricular Clubs

The school has a wide range of clubs which promote physical activity.

Taunton Sports' Partnership

SASP and the sports partnership organize tournaments and events. Our school takes advantage of many of these opportunities to participate.

Residential School Journeys

Year 5 & 6 pupils undertake a residential journey. This is usually to Kolve Court and is based around enjoyment of physical activities such as archery, grass sledding, wild walks etc.

Children With Coordination Difficulties

Some pupils undertake activities in a co-ordination group to gain confidence in their physical abilities and coordination. This enables them to participate more fully in P.E and playground games.

The P.E curriculum gives children the knowledge and skills to play actively and safely in their free time

Equal Opportunities / Special Educational Needs SEN

All teaching and non teaching staff are responsible for ensuring that all students, irrespective of gender, ability, ethnic origin and social circumstances have access to the whole curriculum and opportunities to make the greatest progress possible in all areas of the curriculum.

All children are also given the opportunity to develop skills, knowledge and understanding to the very best of their ability. Wherever possible, all children can participate in the whole PE Curriculum. For children who are physically challenged, some modifications are may be necessary to this area of the curriculum. Please refer to the whole school policy for SEN.

Children With Coordination Difficulties

Some pupils undertake small group sessions in co-ordination groups to gain confidence in their physical abilities. This enables them to participate more fully in P.E and playground games.

The P.E curriculum gives children the knowledge and skills to play actively and safely in their free time

Leadership and Management Roles

The P.E Coordinator and other members of staff will oversee development of physical activity. Lunchtime supervisors will have a significant role in this.

Assessment and Recording

Unlike P.E., physical activity is not formally assessed but is used when reporting on the overall development of a child. It often is related to social and emotion development.

Signed _____ Headteacher

dated _____

Signed _____ Governor

dated _____

Signed _____ School Council

dated _____